# Democratic Republic of the Congo **(**)

Total

country

population

109.6M

6%

# ACUTE FOOD INSECURITY I An improving situation according to an analysis carried out before the October 2023 major escalation of violence.

29%

Analysed

population

103.0M

45%

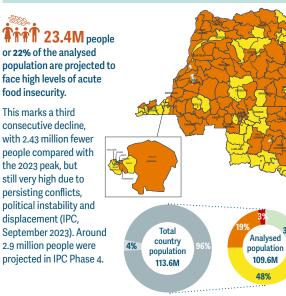
#### PEAK 2023 (JANUARY-JUNE)

TTT 25.8M people or 25% of the analysed population faced high levels of acute food insecurity.

This decline of 0.6 million people since the 2022 peak in July-December followed the harvest, but escalating armed conflict and displacement led to a 5 percent increase in the number of highly acutely food-insecure people in North Kivu and Ituri (IPC, May 2023). Around 3.4 million people faced Emergency (IPC Phase 4).

Source: Democratic Republic of the Congo IPC TWG, May 2023.

#### **PROJECTION 2024 (JANUARY-JUNE)**



Source: Democratic Republic of the Congo IPC TWG, September 2024

**DRIVERS OF THE CRISIS 2023–2024** 

**Conflict/insecurity** The 2023 resurgence of armed groups targeting civilians in eastern areas led to mass population displacement and disruption of agricultural activities and livelihoods. From January–November, 1.1 million people were newly displaced in North Kivu, South Kivu and Ituri. Armed conflict and intercommunal violence hampered access to and delivery of humanitarian aid (IOM, January 2024).

Economic shocks Local  $\approx$ currency depreciation and foreign currency scarcity contributed to increasing food prices. Prices of key staples were higher than the previous year and five-year average throughout 2023, which, coupled with chronic underemployment and

### Peak numbers of people (in millions) by phase of acute food insecurity, 2016-2024



**IDPs** 

Source: Democratic Republic of the Conao IPC TWG

A protracted major food crisis A low-income country. Democratic Republic of the Congo has been among the ten largest food crises in all eight editions of the GRFC, reflecting the humanitarian impact of more than three decades of conflict and insecurity, in a context of very low capacity to cope with shocks. The highest prevalence of acute food insecurity was in 2020 when 33 percent of the analysed population was in IPC Phase 3 or above. The population analysed has increased from 65-69 percent in 2018-2020 to 91-94 percent in 2021-2023.

poverty, constrained household purchasing power and food access (FEWS NET, December 2023).

Weather extremes Delayed ት ት rains at the start of the late 2023 crop season in some areas and prolonged below-average rainfall in others may affect yields (FEWS NET, November 2023). Many provinces experienced destructive flooding.

# DISPLACEMENT





Source: UNHCR Nowcasted estimate December 2023

October 2022). ------

PEAK 2023 (JANUARY-JUNE)

2.2M pregnant and breastfeeding women with acute malnutrition in 2023

Source: Democratic Republic of the Congo IPC TWG. December 2022.

0.9M SAM

**ACUTE MALNUTRITION** 

1.9M MAM

2.8M children under 5 years old

with acute malnutrition in 2023

Acute malnutrition among women and children is concerning, especially in the northeastern provinces following the escalation of conflict and major disease outbreaks (SMART 2023).

## **DRIVERS OF ACUTE MALNUTRITION 2023–2024**

**Inadequate practices** Poor <u>\_</u> child-feeding practices drove malnutrition in health zones classified in Serious or worse (IPC AMN Phase 3 or above), with better practices having a protective role in others (IPC AMN, December 2023). Just 5–15 percent of children receive the Minimum Dietary Diversity (IPC,

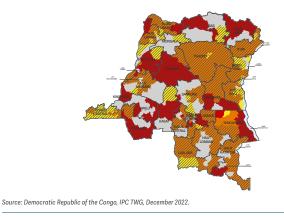
Lack of food Acute food insecurity was an underlying driver in many areas, in particular where conflict and displacement

1 - Acceptable 2 - Alert 3 - Serious

Inadequate evidence ///, MUAC

limit access to and availability of food.

Inadequate services Access ÷ to basic health services is limited by conflict and displacement, leading to low vaccination and vitamin A supplementation rates and enabling outbreaks of measles and cholera, especially in North Kivu and South Kivu. Poor sanitation and lack of access to potable water increased the risk of disease. especially among displaced people (IPC AMN, December 2023).



4 - Critical

5 - Extremely Critical

2 - Stressed 📃 3 - Crisis 📕 4 - Emergency 📕 5 - Catastrophe/Famine 📕 Population analysed 📃 Population not analysed 1 - None/Minimal 1+2 - None/Minimal and Stressed