Honduras

Acute food insecurity overview 2021

3.3M people were in Crisis or worse (IPC Phase 3 or above) in July–September 2021

2.68M people in Crisis (IPC Phase 3)

0.62M people in Emergency (IPC Phase 4)

35% of the population analysed was in Crisis or worse (IPC Phase 3 or above)

The analysis covers 100% of the country’s total population of 9.3 million people.

Source: IPC, February 2021.

National population

42% Rural

58% Urban


IPC acute food insecurity situation, July–September 2021

Cortés and Francisco Morazán had the highest number of people in Crisis or worse (IPC Phase 3 or above) and accounted for 45 percent of the national population in Emergency (IPC Phase 4). In Comayagua, Francisco Morazán, Gracias A Dios and Valle, at least 40 percent of the population was in Crisis or worse (IPC Phase 3 or above).1

Acute food insecurity trends

Numbers have risen since 2020. The number of people in Crisis or worse (IPC Phase 3 or above) in Honduras increased from 2.9 million during the December 2020–March 2021 period to 3.3 million in the July–September 2021 lean season, as rainfall deficits compounded the agricultural impacts of the 2020 hurricanes and lack of employment and rising food prices diminished households’ purchasing power.

In 13 comparable departments, the number of people in Crisis or worse (IPC Phase 3 or above) increased from 1.6 million in June–August 2020 to 2.4 million in July–September 2021. Roughly 1 million people were in these phases in November 2019–February 2020 (before the COVID-19 pandemic) in the same 13 departments. Prior to 2019, only partial analyses were carried out for Honduras.

Throughout most of 2021 more than 30 percent of the population was in Crisis or worse (IPC Phase 3 or above), peaking at 35 percent in July–September (IPC, February 2021).

Access to Gracias a Dios was limited.

Numbers of people in IPC Phase 2 or above, 2019–2022

Bars refer to comparable analysis periods only (see Technical Notes), this graph only covers 13 departments: Choluteca, Comayagua, Copan, El Paraíso, Francisco Morazán, Intibuca, La Paz, Lempira, Olancho, Ometepe, Santa Bárbara, Valle and Yoro.